What are the benefits of short food supply chains?

### Social benefits
- Higher autonomy and bargaining power
- Promote gender equality and social inclusion
- Increase cooperation and solidarity within the food chain
- More transparency and mutual trust
- Consumer awareness and knowledge about local food
- Strengthen social cohesion and community networks

### Environmental benefits
- Promote organic food
- Reduce food waste
- Use minimal or eco-smart packaging
- Shorten distances between production and consumption
- Improve animal welfare conditions
- Higher production standards, better management of natural resources and biodiversity protection

### Economic benefits
- Improve market access for small-scale producers
- Higher profit margins from fewer intermediaries
- Fairer prices for farmers
- Support the local economy
- Better access to fresh, seasonal and high-quality foods
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